



PRICING & MEMBERSHIP GUIDE

**** ALL PRICING INCLUDE VAT**

PACKAGES	MEMBERSHIP TERMS	PAYMENT	COST	
BRONZE 2 x 30 min Sessions/Week (Average of 8 sessions/Month)	Month to Month	EFT	R1250	
	3 Months	MONTHLY DEBIT ORDER	R950	
		UPFRONT PAYMENT	R2850	
	6 Months	MONTHLY DEBIT ORDER	R900	
		UPFRONT PAYMENT	R5400	
	12 Months	MONTHLY DEBIT ORDER	R850	
		UPFRONT PAYMENT	R10 200	
	SILVER 3 x 30 min Sessions/Week (Average of 12 sessions/Month)	Month to Month	EFT	R1450
		3 Months	MONTHLY DEBIT ORDER	R1150
			UPFRONT PAYMENT	R3450
		6 Months	MONTHLY DEBIT ORDER	R1100
			UPFRONT PAYMENT	R6600
12 Months		MONTHLY DEBIT ORDER	R1050	
		UPFRONT PAYMENT	R12 600	
GOLD 5 x 30 min Sessions/Week (Average of 22 sessions/Month)		Month to Month	EFT	R1750
		3 Months	MONTHLY DEBIT ORDER	R1450
			UPFRONT PAYMENT	R4350
		6 Months	MONTHLY DEBIT ORDER	R1400
			UPFRONT PAYMENT	R8400
	12 Months	MONTHLY DEBIT ORDER	R1350	
		UPFRONT PAYMENT	R16 200	
	10 SESSION PACK/3MONTHS - R1600 UPFRONT			
	10% PARTNER DISCOUNT AVAILABLE			

TRAINING DAYS & TIMES	MON	TUE	WED	THU	FRI
	5:00	5:00	5:00	5:00	5:00
	5:40	5:45	5:40	5:45	5:40
	6:20	6:30	6:20	6:30	6:20
	7:30	7:15	7:30	7:15	7:30
	8:05		8:05		8:05
	15:30		15:30	15:30	
	16:30		16:30	16:30	
	17:15		17:15	17:15	
	18:00		18:00	18:00	
HYPERTROPHY TRAINING (BY INVITE ONLY)					



OCTIV APP BOOKING & CANCELLATION RULES:

Bookings close: 30min before each session's start time.

Cancellations closes: 30 minutes before each session's start time. If you cancel within the 30 minutes, you forfeit that session.

WHAT'S YOUR RANK?

